



## Circus Bibliography

Updated 10/18/2020

1. Ackermann BJ. Health on the Move-Challenges in Work and Lifestyle Changes for Performing Artists. *Medical problems of performing artists*. 2019;34(3):169-169.
2. Asselin N, Proano L, Williams K, Partridge R. Circus disaster: Case report, response, and review of injuries. *Am J Disaster Med*. 2016;11(2):137-141.
3. Behm DG, Blazevich AJ, Kay AD, McHugh M. Acute effects of muscle stretching on physical performance, range of motion, and injury incidence in healthy active individuals: a systematic review. *Appl Physiol Nutr Metab*. 2016;41(1):1-11.
4. Bogdanis GC, Donti O, Tsolakis C, Smilios I, Bishop DJ. Intermittent but Not Continuous Static Stretching Improves Subsequent Vertical Jump Performance in Flexibility-Trained Athletes. *Journal of strength and conditioning research*. 2019;33(1):203-210.
5. Bolling C, Mellette J, Pasma HR, van Mechelen W, Verhagen E. From the safety net to the injury prevention web: applying systems thinking to unravel injury prevention challenges and opportunities in Cirque du Soleil. *BMJ Open Sport Exerc Med*. 2019;5(1):e000492.
6. Bordalo MF, De Nazaré Portal M, Cader S, Perrotta NV, Dias Neto JM, Dantas E. Comparison of the effect of two sports training methods on the flexibility of rhythmic gymnasts at different levels of biological maturation. *The Journal of sports medicine and physical fitness*. 2015;55(5):457-463.
7. Cayrol T, Godfrey E, Draper-Rodi J, Bearne L. Exploring Professional Circus Artists' Experience of Performance-Related Injury and Management: A Qualitative Study. *Med Probl Perform Art*. 2019;34(1):14-24.
8. Chimenti RL, Van Dillen LR, Khoo-Summers L. Use of a Patient-Specific Outcome Measure and a Movement Classification System to Guide Nonsurgical

Management of a Circus Performer with Low Back Pain: A Case Report. *J Dance Med Sci*. 2017;21(4):185-192.

9. Cossin M, Ross A, Gosselin FP. Making single-point aerial circus disciplines safer. *Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology*. 2017;231(4):362-373.
10. Decker A, Aubertin P, Kriellaars D. Sleep and Fatigue of Elite Circus Student-Artists During One Year of Training. *Med Probl Perform Art*. 2019;34(3):125-131.
11. Di Cagno A, Baldari C, Battaglia C, et al. Preexercise static stretching effect on leaping performance in elite rhythmic gymnasts. *Journal of strength and conditioning research*. 2010;24(8):1995-2000.
12. Donti O, Tsolakis C, Bogdanis GC. Effects of baseline levels of flexibility and vertical jump ability on performance following different volumes of static stretching and potentiating exercises in elite gymnasts. *Journal of sports science & medicine*. 2014;13(1):105-113.
13. Donti O, Papia K, Toubekis A, Donti A, Sands WA, Bogdanis GC. Flexibility training in preadolescent female athletes: Acute and long-term effects of intermittent and continuous static stretching. *Journal of sports sciences*. 2018;36(13):1453-1460.
14. Guidetti L, Di Cagno A, Gallotta MC, Battaglia C, Piazza M, Baldari C. Precompetition warm-up in elite and subelite rhythmic gymnastics. *Journal of strength and conditioning research*. 2009;23(6):1877-1882.
15. Gutiérrez González A, Vecillas LDL, Montenegro EA, López Gutiérrez J, Tawfiq M, Rodríguez Fernández F. Old Contact Allergens And New Dermatitis -- Pole Dancing Dermatitis. *Contact dermatitis*. 2020:10.1111/cod.13492.
16. Hahn F, Kissling R, Weishaupt D, Boos N. The extremes of spinal motion: a kinematic study of a contortionist in an open-configuration magnetic resonance scanner: case report. *Spine (Phila Pa 1976)*. 2006;31(16):E565-567.
17. Hamilton GM, Meeuwisse WH, Emery CA, Shrier I. Subsequent injury definition, classification, and consequence. *Clin J Sport Med*. 2011;21(6):508-514.
18. Hamilton GM, Meeuwisse WH, Emery CA, Shrier I. Examining the effect of the injury definition on risk factor analysis in circus artists. *Scand J Med Sci Sports*. 2012;22(3):330-334.

19. Hamilton GM, Meeuwisse WH, Emery CA, Steele RJ, Shrier I. Past injury as a risk factor: an illustrative example where appearances are deceiving. *Am J Epidemiol.* 2011;173(8):941-948.
20. Huberman C, Scales M, Vallabhajosula S. Shoulder Range of Motion and Strength Characteristics in Circus Acrobats. *Medical problems of performing artists.* 2020; 35. 145-152.
21. Lee JY, Lin LC, Tan AH. Prevalence of pole dance injuries from a global online survey. *J Sports Med Phys Fitness.* 2019.
22. Lee JY, Lin L, Tan A. Prevalence of pole dance injuries from a global online survey. *The Journal of sports medicine and physical fitness.* 2020;60(2):270-275.
23. Lima CD, Brown LE, Li Y, Herat N, Behm D. Periodized versus Non-periodized Stretch Training on Gymnasts Flexibility and Performance. *International journal of sports medicine.* 2019;40(12):779-788.
24. Loiselle F, Rochette A, Tétreault S, Lafortune M, Bastien J. Social circus program (Cirque du Soleil) promoting social participation of young people living with physical disabilities in transition to adulthood: a qualitative pilot study. *Developmental neurorehabilitation.* 2019;22(4):250-259.
25. Long AS, Ambegaonkar JP, Fahringer PM. Injury reporting rates and injury concealment patterns differ between high-school cirque performers and basketball players. *Med Probl Perform Art.* 2011;26(4):200-205.
26. Munro D. Injury patterns and rates amongst students at the national institute of circus arts: an observational study. *Med Probl Perform Art.* 2014;29(4):235-240.
27. Naczki M, Kowalewska A, Naczki A. The risk of injuries and physiological benefits of pole dancing. *The Journal of sports medicine and physical fitness.* 2020;10.23736/S20022-24707.23720.10379-23737.
28. Nicholas JC, McDonald KA, Peeling P, et al. Pole Dancing for Fitness: The Physiological and Metabolic Demand of a 60-Minute Class. *Journal of strength and conditioning research.* 2019;33(10):2704-2710.
29. Orlando C, Levitan EB, Mittleman MA, Steele RJ, Shrier I. The effect of rest days on injury rates. *Scand J Med Sci Sports.* 2011;21(6):e64-71.

30. Peoples RR, Perkins TG, Powell JW, et al. Whole-spine dynamic magnetic resonance study of contortionists: anatomy and pathology. *J Neurosurg Spine*. 2008;8(6):501-509.
31. Ruggieri R, Costa P. Contralateral Muscle Imbalances and Physiological Profile of Recreational Aerial Athletes. *Journal of Functional Morphology and Kinesiology*. 2019; 4. 1-9.
32. Sands WA, McNeal JR, Penitente G, et al. Stretching the Spines of Gymnasts: A Review. *Sports Med*. 2016;46(3):315-327.
33. Shrier I, Halle M. Psychological predictors of injuries in circus artists: an exploratory study. *Br J Sports Med*. 2011;45(5):433-436.
34. Shrier I, Meeuwisse WH, Matheson GO, et al. Injury patterns and injury rates in the circus arts: an analysis of 5 years of data from Cirque du Soleil. *Am J Sports Med*. 2009;37(6):1143-1149.
35. Skedros JG, Langston TD, Phippen CM. Surgical Correction of Posttraumatic Scapulothoracic Bursitis, Rhomboid Major Muscle Injury, Ipsilateral Glenohumeral Instability, and Headaches Resulting from Circus Acrobatic Maneuvers. *Case Rep Orthop*. 2015;2015:302850.
36. Spagnol GS, Tagami CY, de Siqueira GB, Li LM. Arts-based knowledge translation in aerial silk to promote epilepsy awareness. *Epilepsy Behav*. 2019;93:60-64.
37. Spiegel JB, Ortiz Choukroun B, Campaña A, Boydell KM, Breilh J, Yassi A. Social transformation, collective health and community-based arts: 'Buen Vivir' and Ecuador's social circus programme. *Global public health*. 2019;14(6-7):899-922.
38. Stubbe JH, Richardson A, van Rijn RM. Prospective cohort study on injuries and health problems among circus arts students. *BMJ Open Sport Exerc Med*. 2018;4(1):e000327.
39. Wanke EM, McCormack M, Koch F, Wanke A, Groneberg DA. Acute injuries in student circus artists with regard to gender specific differences. *Asian J Sports Med*. 2012;3(3):153-160.
40. Wolfenden HE, Angioi M. Musculoskeletal Injury Profile of Circus Artists: A Systematic Review of the Literature. *Med Probl Perform Art*. 2017;32(1):51-59.