

## Personal Information

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Emily Scherb, PT, DPT

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www.puremotionphysicaltherapy.com

www.thecircusdoc.com

## Education

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Washington University Program in Physical Therapy St. Louis, MO

- 2006 – 2009
- Doctor of Physical Therapy

Washington University in St. Louis St. Louis, MO

- 2001 – 2005
- A.B. Physical Anthropology
- Minor Modern Dance

## Licensure

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Licensed Physical Therapist in Washington since 2009

Licensed Physical Therapist in Oregon since 2019

## Awards

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Washington University in St. Louis School of Physical Therapy

2020 Alumni Achievement Award

## Employment History

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Owner Pure Motion Physical Therapy, PLLC Seattle, WA

- 6/2013 – Present
- Specializing in the care and treatment of circus artists
- Presenting education to circus artists, instructors, and physical therapists on the unique challenges and stresses on circus bodies as “The Circus Doc”

Fellowship Regional Mentor Washington University Program in Physical Therapy

- 8/2015 – Present
- Active during the academic year 2015/2016
- Mentor for Movement System Clinical Fellowship teaching others to effectively diagnose and treat movement impairment syndromes

Company Physical Therapist Acrobatic Conundrum Seattle, WA

- 2016 – Present
- Available for consult while the company is on tour and for in person care of performers when they are in Seattle.

Resident Physical Therapist School of Acrobatics and New Circus Arts(SANCA) Seattle, WA

- 6/2013 – Present
- Lecturer for the Pre- Professional Program



- 6/2018
- Lecture/Workshop on the specific demands on the shoulder in aerial artists
- The Performing Arts Medical Association (PAMA) consists of medical professionals who are invested in furthering the knowledge surrounding the care of performing artists

#### Circus Anatomy and Injury Prevention Workshops

- 2014 – Present
- Various circus schools around the country including Fly Circus Space (New Orleans 2/2018), Esh Circus Arts (Boston 4/2017), Cirque School LA (Los Angeles 8/2016) SANCA (Seattle 3-4 x annually), Versatile Arts (Seattle annually), Bumbershoot (St. Louis 10/2015, 11/2017), Aloft (Chicago 9/2014)

#### Teacher Training Aerial Anatomy and Biomechanics      Versatile Arts      Seattle, WA

- Annually 2017 - 2020
- Anatomy and biomechanics of aerial artists with common movement faults presented to instructors and instructors in training at Versatile Arts

#### Perform Forever: From Hanging to Handstands      Seattle, WA and Atlanta, GA

- 12/2016 – Seattle      7/2017 Atlanta, GA
- A full day workshop for aerial artists, circus instructors, and hanging athletes that focused on education to enable safe sustainable training and injury prevention

#### Teaching Circus with the Body in Mind      American Circus Educators Conference      San Francisco, CA

- 10/2016
- Presentation for top circus instructors from around the United States on recognizing common postural alignments, injuries, and movement faults with education on how to improve the language and cues used to improve teaching methods

#### Circus Anatomy      Circus Now at Chicago Contemporary Circus Festival      Chicago, IL

- 3/2013
- Anatomy lecture for professional and pre-professional circus performers and circus instructors

#### Functional Circus Anatomy      American Circus Educators Conference      Seattle, WA

- 9/2012
- Day long functional anatomy workshop for circus educators gathered from around the United States

### Membership

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#### Seattle Dance and Performing Arts Medicine

- 2010 – Present
- Board Member 2019 – 2021

#### American Physical Therapy Association

- Orthopedic Section
- Performing Arts Special Interest Group

International Organization of Dance Medicine and Science

- 2012 – present

Performing Arts Medicine Association

- 2013 – present